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NEWS RELEASE

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TSX - V Symbol: **ABU**

Abenteuer Adopts Advance Notice Policy

VANCOUVER, BC – The Board of Directors of Abenteuer Resources Corp. (“ABU” or the “Company”) has approved an advance notice policy. As announced on SEDAR on October 11, 2013 the Company has set December 18, 2013 as the date of its 2013 annual general and special meeting. The record date for shareholders entitled to vote at the meeting has been set as shareholders of record as at the close of business on November 8, 2013.

The advance notice policy includes, among other things, a provision that requires advance notice be given to the company in circumstances where nominations of persons for election to the board are made by shareholders of the company other than pursuant to a requisition of a meeting made pursuant to the provisions of the Business Corporations Act (British Columbia) or a shareholder proposal made pursuant to the provisions of the act.

Additionally, the advance notice policy sets a deadline by which holders of record of common shares of the company must submit director nominations to the company prior to any annual or special meeting of shareholders, sets forth the information that a shareholder must include in the notice to the company and establishes the form in which the shareholder must submit the notice for that notice to be in proper written form.

In the case of an annual meeting of shareholders, notice to the company must be made not less than 36 days nor more than 65 days prior to the date of the annual meeting. However, in the event that the annual meeting is to be held on a date that is less than 50 days after the date on which the first public announcement of the date of the annual meeting was made, notice may be made not later than the close of business on the 10th day following such public announcement.

In the case of a special meeting of shareholders (which is not also an annual meeting), notice to the company must be made not later than the close of business on the 15th day following the day on which the first public announcement of the date of the special meeting was made.



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The advance notice policy is in full force and effect as of the date it was approved. At the meeting shareholders of the company will, among other things, be asked to approve an alteration to the company's articles to include the provisions of the advance notice policy. If the shareholders approve the alteration then the advance notice policy will terminate following the termination of the meeting and will be concurrently superseded by the alteration. If the shareholders do not approve the alteration then the advance notice policy will terminate, and be of no further force and effect following the termination of the meeting.

For purposes of the upcoming Annual and Special General meeting, in accordance with the terms of the advance notice policy, the board has determined that notice of nominations of persons for election to the board at the meeting must be made by November 12, 2013. Such notice must be in the form, and given in the manner, prescribed by the advance notice policy, and the corporate secretary of the company has stipulated **sean.mcgrath@abuoil.com** as an e-mail address for receipt of a notice in the limited context of a notice submitted in connection with the meeting.

On Behalf of the Board,

“J. Lewis Dillman”

J. Lewis Dillman
CEO and Director

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